

FOR IMMEDIATE RELEASE Contact: Zabrina Cox Phone: 805-222-6926 Email: zabrina@centralcoastcn.org Website: centralcoastchildbirthnetwork.com Date: 3/28/2023

CCCN Expo at The Spotted Whale

Central Coast, CA- We invite the community to join us at the 2023 Central Coast Childbirth Network (CCCN) Expo from **May 12-13th, 2023, at the Alex Madonna Expo Center in San Luis Obispo, CA in collaboration with The Spotted Whale.** The Spotted Whale is SLO County's largest consignment sale held in the Central Coast's largest indoor event space with hundreds in attendance for the past eight years. Before you shop The Spotted Whale visit the vendors at the CCCN Expo. The EXPO aims to connect the community and providers to share information, provide education, and engage in advocacy for birth & wellness options as well as provide a fun family experience. The Expo is hosted by the Central Coast Childbirth Network, INC, "CCCN," a local 501(c)3 non-profit and sponsored in part by First 5 SLO.

The CCCN Expo will be open to everyone Friday night 5 pm - 9 pm and Saturday 9am - 4 pm.

The Spotted Whale Consignment Sale hours are:

• Friday open to Volunteers, Consignors and prepaid VIP pass holders only!

• Saturday open to the public 9 am - 4 pm

Learn more about the CCCN Expo and The Spotted Whale

Follow along CCCN IG for weekly giveaways leading up to the Expo. At the Expo enjoy resource bags, kids crafts, photobooth backdrop, shopping, and plenty of diverse resources and information available on the Central Coast to Individuals and Families from Preconception through the first-year of parenting.

At the CCCN, we believe that every individual and family should have access to diverse birth and wellness providers and resources on the Central Coast. By bringing education, respect, collaboration, and community spirit, we can make an impact today to create a brighter future. All proceeds from the event benefit CCCN programs that are dedicated to inform, educate, and advocate for the individual needs of our community from preconception through the first year of parenting. This event would not be possible without the generous support of our Sponsors, Supporters, Vendors, and Volunteers.

CCCN Mission: is to provide a diverse network of birth and wellness professionals who are committed to inform, educate, and advocate for the individual needs of all families on the Central Coast from preconception through the first year of parenting.